

Helping Smokers Quit Just Got Easier!



What Providers
Should Know About
Improved Medi-Cal
Cessation Benefits



California Smokers' Helpline
1-800-NO-BUTTS

Improvements to the Medi-Cal Tobacco Cessation Benefit

- Chantix® (varenicline) has been added to the Contract Drugs List. Medi-Cal beneficiaries can receive up to 12 weeks per course of therapy (maximum 56 tablets per dispensing).
- Zyban® (bupropion) and NicoDerm CQ® patches are also on the Contract Drugs List. Zyban is available for 12 weeks per course of therapy (maximum 60 tablets per dispensing), and Nicoderm CQ for 14 weeks (maximum 28 patches per dispensing).
- Beneficiaries can receive two courses of therapy per 12 months. A 6-month break between courses is no longer required.
- Behavioral modification support is still required, but no longer needs to be documented with a certificate or letter.

The California Smokers' Helpline

The California Smokers' Helpline has helped over half a million Californians since 1992.

Helpline counseling has been proven in clinical trials to double a smoker's chance of success. Research has shown that counseling and pharmacotherapy are independently effective, but that patients have the best odds of success when they use both in combination.

Refer tobacco users today to **1-800-NO-BUTTS** for a free, personalized plan to quit smoking.

For Free Patient Materials

Please visit our website at www.nobutts.org or contact the California Smokers' Helpline Communications Department at (858) 300-1010.

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